



Job Title:	Sports Coach and Fitness Instructor
Hours:	Note this role will include a commitment to working evenings and weekends in term time
Responsible to:	Fit To Perform (FTP) Coordinator

Key Responsibilities:

As a sports coach:

- Plan, organise and deliver an appropriate range of sports and physical activities
- Plan and deliver safe, effective and progressive programmes for individuals and groups of students
- Set high expectations for all students and ensure good progress and outcomes for all students
- Ensure all students are effectively catered for including students with any SEND
- Work in collaboration with the FTP Coordinator
- Be able to implement initiatives from other areas of the School/Curriculum that have a direct bearing on a student's physical fitness and development working with Alexander Technique instructors or School Physio (where necessary)
- Contribute to the education of the students in making healthy lifestyle choices including nutrition
- Be willing to deliver basic First Aid
- Implement the 'Health and Safety' Policy of the Fitness Suite and all Health and Safety procedures as required by the School
- Maintain the standards of safe behaviour at all times, understanding the students' needs and abilities whilst maintaining a safe and harmonious environment in accordance with the School's Behaviour Principles
- Keep the FTP coordinator informed of any faults with equipment
- Take part in the School Appraisal Scheme
- Keep your specific sport/activity qualifications and insurance up-to-date and provide copies at interview and on renewal to the FTP Coordinator
- Comply with all and any requirements within the Departmental and School Risk Assessments. Report any identified hazards to the FTP Coordinator and the person responsible for gym maintenance/the Maintenance team where appropriate.

As a Fitness instructor:

- Supervising the Gym during recreation hours
- Providing guidance where needed to individuals
- Carrying out Gym Inductions and maintaining safe conduct in all users at all times
- Offering bespoke guidance to address physical needs of the individual and with especial regard for the needs of young musicians

Person specification

Essential	Desirable
Minimum Level 2 gym instructor's qualification	Level 3 or 4 or PGCE with knowledge of gym based personal training
Willingness to engage with further training according to needs identified	A degree, preferably in a sports based subject
Previous sports coaching experience	Experience of working with different age groups
At least one sports coaching qualification to a minimum of level 2	Be an experienced and accomplished sports person
Experience of working with young people	Experience of working in a school
A team player with a positive outlook	Experience of teaching dance and/or gymnastics
Suitable to work with young people	

CHILD PROTECTION AND SAFEGUARDING CHILDREN

As a post holder I recognise my responsibility to promote and safeguard the welfare of children and young people for whom I am responsible, or with whom I come into contact. I will adhere to and ensure compliance with Chetham's Child Protection and Safeguarding Policy and related documents (available at www.chethams.com) at all times. If, in the course of carrying out the duties of the post, I become aware of any actual or potential risks to the safety or welfare of students at Chetham's, I have a duty to follow the reporting routes and to report any concerns to the Designated Safeguarding Lead or to the Joint principal.

Our Policy and Procedure is in line with national directives and must be adhered to by all staff. Chetham's is committed to the development of good practice and sound procedures. We will always endeavour to fulfil our duty to challenge or intervene in order to protect all students at Chetham's. Concerns and referrals will be handled in a sensitive and professional manner which will support the needs of students and staff. Chetham's recognises the contribution it can make to protect and support students.

I agree that I have read and understood the attached job description.

Employee's Name:

Employee's Signature:

Date: