

Job Title: Fit To Perform Coordinator – Sports Coach/Gym Instructor

Hours: Note this role will include a commitment to working evenings and

weekends in term time

Responsible to: Joint Principal, Nicola Smith

Key Responsibilities:

· Lead the team of Fit To Perform staff

- Lead the small FTP Department in improving their professional practice
- Keep equipment stocked and supplied managing a budget effectively
- Plan, organise and deliver an appropriate range of sports and physical activities
- Plan and deliver safe, effective and progressive programmes for individuals and groups of students
- Set high expectations for all students and ensure good progress and outcomes for all students
- Ensure all students are effectively catered for including students with any SEND
- Be able to implement initiatives from other areas of the School/Curriculum that have a direct bearing on a student's physical fitness and development working with Alexander Technique instructors or school Physio (where necessary)
- Contribute to the education of the students in making healthy lifestyle choices including nutrition
- Be willing to deliver basic First Aid
- Implement the `Health and Safety' Policy of the Fitness Suite and all Health and Safety procedures as required for the maintenance of the fitness suite and all who use it
- Maintain the standards of safe behaviour at all times, understanding the students' needs and abilities
- Deal with any maintenance issues or faults with equipment
- Take part in the School Appraisal Scheme
- Keep your specific sport/activity qualifications and insurance up-to-date and provide copies at interview and on renewal to your line manager
- Comply with all and any requirements within the Departmental and School Risk Assessments.

As a Gym Instructor:

- Supervising the Gym during recreation hours
- Providing guidance where needed to individuals
- Carrying out Gym Inductions and maintaining safe conduct in all users at all times
- Offering bespoke guidance to address physical needs of the individual and with especial regard for the needs of young musicians

Person specification

Essential	Desirable
Minimum Level 3 gym instructor's qualification	Level 4 or PGCE/PGDE with knowledge of gym based personal training
Willingness to engage with further training according to needs identified	A degree, preferably in a sports based subject
Previous sports coaching experience	Experience of working with different age groups
At least one sports coaching qualification to a minimum of level 3	Be an experienced and accomplished sportsperson
Experience of working with young people	Experience of working in a school
A leader with a positive outlook	Experience of teaching dance and/or gymnastics
Suitable to work with young people	
Risk assessment and professional standards working knowledge	
A secure working knowledge of health and safety	Experience of leading on health and safety in a sports environment

CHILD PROTECTION AND SAFEGUARDING CHILDREN

As a post holder I recognise my responsibility to promote and safeguard the welfare of children and young people for whom I am responsible, or with whom I come into contact. I will adhere to and ensure compliance with Chetham's Child Protection and Safeguarding Policy and related documents (available at www.chethams.com) at all times. If, in the course of carrying out the duties of the post, I becomes aware of any actual or potential risks to the safety or welfare of students at Chetham's, I have a duty to follow the reporting routes and to report any concerns to the Designated Safeguarding Lead or to the Joint principal.

Our Policy and Procedure is in line with national directives and must be adhered to by all staff. Chetham's is committed to the development of good practice and sound procedures. We will always endeavour to fulfil our duty to challenge or intervene in order to protect all students at Chetham's. Concerns and referrals will be handled in a sensitive and professional manner which will support the needs of students and staff. Chetham's recognises the contribution it can make to protect and support students.

I agree that I have read and understood the attached job description
Employee's Name:
Employee's Signature:
Date: